

## FRESH PRESSED JUICES

**Kratos** \$7.99  
Spinach, cucumber, pear, apple, ginger, lemon

**Shockwave** \$7.99  
Beets, cucumber, orange, turmeric, ginger

**Mary Jane** \$7.99  
Kale, spinach, cucumber, celery, apple, lemon, hemp protein

**Grimlock** \$7.99  
Pineapple, pear, apple, celery, cucumber, spinach, lemon

**Athos** \$7.99  
Kale, spinach, apple, celery, cucumber, orange, ginger, lemon

**Darth Vader** \$6.99  
Kale, cucumber, celery, lemon

**Cherno Alpha** \$8.49  
Kale, apple, pineapple, ginger, lemon

**Hydra** \$7.99  
Cucumber, pear, mint, lime, sole

*SOLE is pure Himalayan Pink Crystal Salt mixed in water, contains 84+ minerals in the same proportion which are found in human cells, supporting alkaline balance and cell metabolism. Sole may be added to any juice free of charge.*

## SMOOTHIES

**Strawberry Oatmeal** \$6.99  
Almond milk, strawberry, banana, granola, maple syrup, vanilla

**Chocolate "Milkshake"** \$6.99  
Cashews, cocoa, banana, dates, kale

**B.B.K.** \$6.99  
Almond milk, blueberry, beet, banana, kale, ginger

**Peanut Butter Cup** \$6.99  
Almond milk, peanut butter, cocoa, banana, maple syrup

**The Hulk** \$7.99  
Almond milk, spinach, maple syrup, chia, ginger, lemon, pear, mint

**Orange Creamsicle** \$6.49  
Almond milk, orange juice, banana, vanilla, maple syrup

**Bahama Mama** \$7.49  
Almond milk, banana, pineapple, strawberry, coconut oil

**Bluenananna Berry** \$7.49  
Almond milk, banana, blueberry, strawberry, chia, dates

**Green Julius** \$6.49  
House-squeezed orange juice, banana, kale, vanilla

## ESPRESSO, COFFEE, TEA & THINGS

	SMALL	LARGE	ICED (sm / lg)
Drip Coffee.....	\$1.64	\$1.97	-
Espresso.....	\$1.50	\$2.25	-
Americano.....	\$1.50	\$2.25	\$2.49 / \$2.99
Hammerhead.....	\$3.25	\$4.10	\$3.99 / \$5.25
Macchiato Italiano.....	\$1.65	\$2.45	-
Latte.....	\$2.85	\$3.65	\$2.85 / \$3.65
Cold Brew Coffee.....	-	-	/ \$3.95
Nitro Infused Cold Brew.....	-	-	\$4.25 /
California Latte.....	\$3.35	\$4.15	\$3.85 / \$4.65
Mocha.....	\$3.35	\$4.15	\$3.85 / \$4.65
Iced Tea.....	-	-	\$2.49 / \$2.99
Hot Tea.....	\$1.64	\$1.97	-
Matcha Green Tea.....	-	-	\$2.49 / \$2.99
London Fog.....	\$2.85	\$3.65	-
Chai Tea Latte.....	\$3.35	\$4.15	\$3.85 / \$4.65
Hot Chocolate.....	\$1.64	\$1.97	\$2.49 / \$2.99

*Additional: Almond Milk, Flavored Syrup*

## TEA

Earl Grey	Gunpowder
Breakfast	Spiced Black Chai
Yerba Mate	Decaf Earl Grey
Sancha	Peppermint (herbal)

## FLAVORED SYRUP

Vanilla	Irish Cream
Salted Caramel	Hazelnut
Chocolate	Sugar Free Vanilla

## BUBBLE TEA (Milk Tea Boba)

Milks	Flavors (Subject to Change & Availability)	
Whole	Peach	Chocolate
Fat Free	Raspberry	Frozen Coffee
Soy Milk	Strawberry	Lavender
Almond Milk	Thai Tea	Mango
	Taro	Mocha

## OUR MISSION

Green Lotus Café is a place where vegans, vegetarians and meat eaters can all have fresh, flavorful and healthy lunches made in an open kitchen environment.

We like to think of ourselves as a "middle of the road" joint. You can find anything from homemade RAW breads to vegan brioche Belgium waffles. Something for the die-hards and something for the newcomers.

We make as much of our products as possible, like our seitan, fresh breads, almond milk, hummus, and dressings. We even grow our own wheatgrass and alfalfa sprouts! And we are adding more homemade products on a regular basis.

We hope you enjoy new foods as much as we do and we look forward to introducing them to you!



*A Taste of Health*

**349 Main Street  
Hyannis, MA**

Call us for Pickup  
**508.775.1067**

Skip the line and order Online!  
**GreenLotusCafe.com**



## BOOSTS \$1.00

**Just Protein** Hemp or Whey

## SHOTS

Turmeric • Lemon Ginger

Green Lotus Café offers a homemade plant-based cuisine and yet we cannot guarantee that guests with food or beverage allergies may not be exposed through cross contamination. If you have a food or beverage allergy (particularly to nuts, seeds or gluten) we therefore recommend that you not dine with us. As such, please understand that Green Lotus Café cannot be responsible for any injury, loss or damage claimed by any guest with a food or beverage allergy who consumes our food or beverages, regardless of the circumstances.

Prices and availability are subject to change.

## SANDWICHES

- Malibu** \$6.99  
Avocado, red onion, tomato, sprouts, white cheddar, chipotle mayonnaise, 7-grain
- Classic E.L.T.** \$8.49  
Crunchy house-made eggplant bacon, avocado, lettuce, tomato, mayonnaise, toasted 7-grain
- Buffalo Bomb** \$9.00  
Buffalo soy curls, lettuce, tomato, bleu cheese dressing, toasted 7-grain
- MAUI** \$8.25  
Smokey coconut bacon, pineapple, avocado, tomato, lettuce, sprouts, chipotle mayo, 7-grain
- Kickstarter** \$9.00  
Homemade seitan, melted white cheddar, horseradish, avocado, red onion, sprouts, chipotle mayonnaise, spinach wrap
- Tuna Melt** \$7.94  
Chickpea, red onion, kelp, substitute Vegenaise, yellow mustard, Swiss cheese served on 7 grain bread
- Veggie Reuben** \$9.00  
Homemade seitan, sauerkraut, thousand island dressing, Swiss cheese, 7-grain [grilled]

## SOUPS

### Fresh vegan/gluten-free soups made daily at the Café

All soups come with either oyster crackers or our house-baked 7 grain.  
Gluten-Free bread: Add 50¢

Small.....\$4.99  
Medium.....\$5.99  
Large.....\$6.99

### WANT IT VEGAN?

We have a variety of vegan cheeses and dressings to accommodate you. Just ask!



Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of foodborne illness. Before placing your order, please inform your server if a person in your party has a food allergy.

## ENTREES

Choose between a Half Size Salad, Full Size Salad, or Spinach Wrap

- Atomic Garden Veggie**  
half: \$6.25 full: \$9.00 wrap: \$9.00  
Lettuce, tomato, avocado, cucumber, red onion, sprouts, coconut bacon, pesto, balsamic vinaigrette
- Sand Trap**  
half: \$6.25 full: \$9.00 wrap: \$8.00  
Homemade roasted red pepper hummus, munster, lettuce, shredded carrot, avocado, roasted red pepper, sprouts
- Sweet Onion Teriyaki**  
half: \$6.25 full: \$9.99 wrap: \$9.00  
Teriyaki soy curls, cucumber, red onion, black olives, tomato, avocado, lettuce
- North Park**  
half: \$6.25 full: \$9.00 wrap: \$8.25  
Homemade roasted red pepper hummus, baby spinach, red onion, artichoke hearts, roasted red pepper, tomato, avocado, chipotle mayo, feta.  
Add seitan for a boost of plant-based protein.
- Greek Avocado**  
half: \$6.25 full: \$9.50 wrap: \$9.00  
Arugula, avocado, roasted red pepper, cucumber, red onion, Greek olives, feta, pesto, balsamic vinaigrette
- Buffalo Caesar**  
half: \$6.25 full: \$9.99 wrap: \$9.00  
Lettuce, croutons, cucumber, shredded carrot, parmesan cheese, Caesar dressing, buffalo soy curls

#### WHAT ARE SOY CURLS?

They're an all-natural, high protein, heart healthy meat alternative made from the whole soybean.

#### WHAT IS SEITAN, YOU ASK?

Seitan is a high-protein meat substitute made from cooking wheat gluten - 22 grams to be exact!

## JUST SALADS

- Winter Kale Salad** half: \$5.24 full: \$8.25  
Massaged kale, raisins, walnuts, feta, meyers lemon vinaigrette.  
Can be made on a wrap.
- Garden Salad** half \$4.99 full: \$7.99  
Romaine Lettuce, tomato, red onion and cucumber

### DRESSINGS

Bleu Cheese • Vegan Bleu Cheese  
1,000 Island • Vegan 1,000 Island  
Meyers Lemon Vinaigrette  
Balsamic Vinaigrette

## BREAKFAST

Monday - Friday until 11am • Saturday & Sunday until Noon  
Soy Curl Chorizo in place of eggs available upon request

- Main Street Burrito** \$8.25  
Scrambled egg patties, roasted red pepper, avocado, red onion, lettuce, tomato, sprouts, chipotle mayonnaise, spinach wrap
- Morning Sunrise** \$8.25  
Scrambled egg patties, avocado, red onion, lettuce, tomato, sprouts, dijonnaise, toasted 7-grain
- Greek Burrito** \$8.25  
Scrambled egg patties, avocado, red onion, Greek olives, feta, fresh spinach, dijonnaise, spinach wrap
- Ocean Street Panini** \$8.49  
Buffalo soy curls, scrambled egg patty, roasted red pepper, avocado, red onion, tomato, cheddar, chipotle mayonnaise, spinach wrap
- Quick and Simple** \$4.25  
Scrambled egg patty, cheddar cheese, red onion, tomato, dijonnaise, spelt English muffin
- Homemade Cape Cod Cranberry Granola** \$4.67  
Dried cranberries, oats, sunflower seeds, pecans, walnuts, almonds, cinnamon, honey

## EXTRAS

Artichoke Hearts.....\$1.00	Buffalo Soy Curls.....\$2.50
Avocado.....\$1.50	Pickle Spears.....\$0.75
Coconut Bacon.....\$1.50	Spinach.....\$0.75
Walnut Pesto.....\$1.50	Arugula.....\$0.75
Greek Olives.....\$1.00	Roasted Red Peppers.....\$0.50
Eggplant Bacon.....\$2.00	Tomatoes.....\$0.75
Cheese.....\$1.00	Cucumbers.....\$0.75
Hummus.....\$1.00	Sprouts.....\$0.75
Homemade Seitan.....\$2.50	Tuna Salad.....\$2.50
Teriyaki Soy Curls.....\$2.50	Egg Salad.....\$2.50

## KIDS

- PB & J** \$4.00  
Strawberry jam, peanut butter, 7-grain
- Grilled Cheese** \$4.00  
Cheddar, provolone, 7-grain [grilled]
- Nutella and Banana** \$4.00  
Nutella, banana, 7-grain

Search for the Green Lotus Café app on

